

# Provider LOCATOR

## CIGNA MEDICAL PLANS

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- Go to [www.Cigna.com](http://www.Cigna.com) and click *Find a Doctor*
- Select the Plans offered through *Work or School* directory
- Select a service tab and enter in your location
- Click on *Pick* to pick a plan, drop down the medical portion
- Select Plan: *OAP – Open Access Plus, OA Plus, Choice Fund OA Plus* for all medical plans



Cigna Member Services: **888-806-5042** (*Pre-enrollment assistance, find doctors, help with transition of care*)

## PANABRIDGE MEDICAL PLAN

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- Locate an in-network provider online at [www.providerlocator.com/palichf](http://www.providerlocator.com/palichf) or call **1-800-236-3609**



## CIGNA DENTAL PLANS

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- Go to [www.Cigna.com](http://www.Cigna.com) and click *Find a Doctor*
- Select the Plans offered through *Work or School* directory
- Select the Dentist tab and enter in your location
- Click on *Pick* to find a plan
- Select Plan: *Cigna Dental PPO or EPO* or the *Cigna Dental Care HMO* (HMO is in California only)



## VSP VISION

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- Go to [www.vsp.com](http://www.vsp.com) and enter in your zip code: *Find a VSP Doctor*

